

2026 KID'S DAY ON THE RIVER

Frequently Asked Questions:

A few days before the event expect an email from info@flfral.com via email.actionnetwork.org.

Please respond to confirm or cancel your reservation.

1. Who is putting this on? Friends of the Locust Fork River (FLFR) organizes this event with the vital help of partners such as the Blount County Education Foundation and statewide environmental educators.

Sponsors: *Regions Bank, Walmart Foundation, and Blount County Soil and Water Conservation.*

2. How will this be organized? After checking in at the site, 10 to 15 children and their parents will gather in a group led by a shepherd (adult volunteer and guide). Throughout the day each group will attend 6 activity stations based around environmental education.

3. What will my kids do? You will visit activity stations where children will learn by doing something or experiencing nature in an active way such as finding tiny life forms in the river, doing art in nature, learning about conserving natural resources, and about birds of prey, being a good steward of the earth, and learning basic kayak safety with the opportunity to paddle a kayak on their own; we provide kayaks, paddles and safety equipment for kids to use. We will also have a swimming station.

4. What age children should participate? 4 - 12

5. What if I have a child with special needs? Please email indya@flfral.com and someone will contact you.

6. We want to come as a family. What about our younger children? This IS a family event. Although the activities are geared toward children in the 4 - 12, younger and older children may still enjoy the activities. The accompanying adults seem to have a pretty good time also.

7. What about our teens? Teens ages 14-15 may participate in our activities or be a volunteer. Teens 16 and older may prefer to be helpers in one of the stations. Send us an email if a teen wants to volunteer: indya@flfral.com

8. Can we drop off our kids and leave? No! Parents or scout leaders must stay. Your child will not be able to participate without you. An adult must be responsible for every child attending.

9. What's the parents' role in this? Parents will travel in the group and learn along with the children. Parents must keep any children below age 7 with them at all times as there will not be activities for this age group. Although we make provisions to monitor the water and rocks for safety, parents and scout leaders are ultimately responsible for keeping up with all the children they bring, and for maintaining discipline.

10. Can we just drop-in at any time during the day? No. This is an all day event, please arrive on time to enjoy all the activities.

11. When should we arrive and when will it be over? Plan to arrive by 8:15 a.m. The program will start promptly then. Kids' Day on the River ends around 2:30 pm.

12. Why do we need to register ahead of time? [Registration is REQUIRED](#) to attend the event for adults to sign a waiver, and to determine how much lunch we will serve, how many volunteers are needed, etc. Please let us know if you need to cancel so we don't buy too much food!

13. Is there a cost to attend? No, Kids' Day on the River is a gift to the children of Blount and surrounding counties by the Friends of the Locust Fork River and all its partners. It's all FREE, lunch included.

14. What should children and adults wear? There will be swimming. Wear old clothes, or a bathing-suit under the shorts, hats and shoes that can get wet and very dirty (walkways and beaches are sandy). Shoes that protect feet while being in the water and on rocks are important. **Bring a life-jacket** to use in the swimming station and a towel and a set of dry clothes to change into at the end of the day. They will be in the water at least 3 times.

15 What else should we bring? Sunscreen. A hat and a comfy folding chair for the adults in your family may be a good idea too!

16. What food and drinks will be provided? A simple lunch of sandwiches, chips, cookies, and water will be available for all, including parents and volunteers. There is also a vegetarian/gluten free option. Children and parents will be encouraged to stay with their groups during lunch. Drinking water is available all day. Feel free to bring a **reusable water bottle** with you

and refill as needed from our water coolers!

17. What about safety and first aid? We do everything possible to keep the children safe. Should there be a scratch or bump, please see the EMT vehicle. Parents or scout leaders are ultimately responsible for keeping up with the children they bring & adults should not allow them to run around on the rocks recklessly.

18. Can we bring pets or hand-held electronics? No dogs or pets! Except service dogs. No cell phones or electronics with the children. Of course adults may bring cell phones for emergencies.

19. Do I need to bring any money? No money is necessary. However, you can bring cash, checks, or your Vimeo account to purchase t-shirts, hats, books, native plants, or even make a contribution to 'Friends of the Locust Fork River'.

20. Take photos, short videos and post on FLFR Friends Group on FB, and ***plan to enter them in FLFR's Art, Photo, Video & Poetry Contest before June 30th.***

21. Can parents or scout leaders also volunteer? Yes! We always need more volunteers. Email indya@flfral.com or check in at the registration table to let them know you are available during some part of the day to volunteer.

22. What if the weather is bad? Should the event need to be canceled due to bad weather, this will be posted on our website and Facebook/Instagram as soon as the decision is made. The event will occur with light rain. Please check online if you are unsure.

23. Is smoking allowed? **No.** Give your lungs a day off. Thank you for your consideration.

24. What if I need to cancel? Please, please text **(205)237-0757** to let us know!

Please email indya@flfral.com or info@flfral.com with any other questions!

FLFR is inclusive of all members of the community in our activities and events.